

Simple cleaners

If you want to know exactly what is in your cleaners, try these simple cleaners:

White vinegar is a mixture of acetic acid and water. Use it for cleaning all surfaces except stone and metal-plated materials.

- Spray onto surfaces and leave for a few minutes, before cleaning.
- It is brilliant for window cleaning
- Mix it with bicarb for drain-clearing
- Use it for descaling kettles and coffee makers

Bicarbonate of soda (sodium bicarbonate)

- Mix equally with vinegar for sinks, baths and drains
- Reduces odour in litter trays and rubbish bins
- Sprinkle on carpets and upholstery to deodorise
- Wash fridges with a solution of bicarb
- Wash cookers with a paste of bicarb.

Borax substitute/ Washing Soda substitute (sodium sesquicarbonate) is stronger than sodium bicarbonate.

Lemon juice is good as a mild bleach for many different stains.

Cold, salty water removes fresh blood stains.

